









Independent Living Team


0161 474 3776


All activities are subject to change, please call ahead to confirm your attendance.


January 2026

Weekly activities available throughout the borough. Please call 0161 474 3776.

-  Dementia Café
-  Food
-  Bingo
-  Quizzes
-  Games
-  Friendship groups
-  Crafts
-  Other









 National Trivia Day brew & quiz events – week commencing 5th from 2-4pm. Cost £1.00.


 Chinese New Year meals – week commencing 12th from 4-6pm. Cost £4.00


 Burn's Night meals – week commencing 26th from 4-6pm. Cost £3.00.


February 2026

Weekly activities available throughout the borough. Please call 0161 474 3776.

-  Dementia Café
-  Food
-  Bingo
-  Quizzes
-  Games
-  Friendship Groups
-  Crafts
-  Other

 World Heart Month Armchair Exercise events – week commencing 2nd at various schemes and times. No charge.


 Be My Valentine Afternoon Tea events – week commencing 9th from 3-5pm. Cost £5.00.


 Pancake Day meals – week commencing 16th from 9:30-11:30am. Cost £3.00.


March 2026


Weekly activities available throughout the borough. Please call 0161 474 3776.

-  Dementia Café
-  Food
-  Bingo
-  Quizzes
-  Games
-  Friendship Groups
-  Crafts
-  Other

 British Pie Week meal and quiz events – week commencing 2nd from 12:30-2:30pm. Cost £4.00.

 Mother's Day Cupcakes – week commencing 9th at various times. No charge.

 St Patrick's Day Breakfast Butty meals – week commencing 16th from 10am-12pm. Cost £3.00.

 International Read to Me Day Stockport Home Library Service talk and brews – 19th from 2-3pm. No charge.

Accessing Activities - For support/advice in relation to accessing an activity please call 0161 474 3776

Please share this calendar with friends & family, calendar is updated regularly.

Please call to confirm before attending

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April 2026


Weekly activities available throughout the borough. Please call 0161 474 3776.


- | | |
|---|---|
|  Dementia Café |  Food |
|  Bingo |  Quizzes |
|  Games |  Friendship Groups |
|  Crafts |  Other |

 Easter Breakfast Butty meals – 2nd at various schemes from 9:30-11:30am. Cost £3.00.


 Eid al-Fitr Celebrations at Queens Gardens Cultures Together Group – date TBC from 1-4pm.

 Grand National Ladies Day lunches – week commencing 6th from 12:30-2:30pm, £5.00

 Easter Celebrations with St Martins Church at Russell Gardens – date TBC from 1-3pm.









 National Tea Day Teas from around the World – 21st from 2-3pm. Cost £2.00.


 St George's Day meals – week commencing 20th from 4-6pm. Cost £4.00.


 Public Health Cancer Awareness talks – week commencing 27th from 2-3pm. No charge.


May 2026


Weekly activities available throughout the borough. Please call 0161 474 3776.

- | | |
|---|---|
|  Dementia Café |  Food |
|  Bingo |  Quizzes |
|  Games |  Friendship groups |
|  Crafts |  Other |

 Public Health Cancer Awareness talks – week commencing 4th from 2-3pm. No charge.









 Scheme Open Days – week commencing 11th from 12-3pm. No charge.


 Dementia Awareness Week events – all schemes at various times.


 Eid al-Adha Celebrations Queens Gardens Cultures Together Group – 27th from 1-4pm.


June 2026


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|---|---|
|  Dementia Café |  Food |
|  Bingo |  Quizzes |
|  Games |  Friendship groups |
|  Crafts |  Other |

 Pride Month Wear Bright Colours events – week commencing 1st at various schemes. No charge.

 Father's Day Breakfast Butty meals – week commencing 15th from 9:30-11:30am. No charge.

 Father's Day Cupcakes at Russell Gardens – 15th from 1-3pm. No charge.

 Royal Ascot Day at the Races games afternoons – week commencing 15th from 2-4pm. Cost £2.00.

 Forget Me Not Dementia Awareness tea parties – week commencing 22nd from 2-4pm. Donations.









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July 2026

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-  Dementia Café
-  Food
-  Bingo
-  Quizzes
-  Games
-  Friendship groups
-  Crafts
-  Other

 Wimbledon Watches with Strawberries & Cream – week commencing 6th at various schemes from 11am-12pm. Cost £3.00

August 2026









Weekly activities available throughout the borough. Please call 0161 474 3776.


-  Dementia Café
-  Food
-  Bingo
-  Quizzes
-  Games
-  Crafts
-  Friendship group
-  Other


 Summer Garden Parties (buffet food and games) – week commencing 10th and 17th from 12-3pm. Cost £4.00.

September 2026

Weekly activities available throughout the borough. Please call 0161 474 3776.

-  Dementia Café
-  Food
-  Bingo
-  Quizzes
-  Games
-  Crafts
-  Friendship groups
-  Other

 Macmillan Coffee Mornings (cakes and quizzes) – week commencing 21st at various schemes from 10am-12pm. Donations.

 Macmillan Coffee Afternoons (cakes and quizzes) – week commencing 21st at various schemes from 1-3pm. Donations.

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October 2026

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☕ Dementia Café ✂ Food 🎲 Bingo
 📖 Quizzes 🎮 Games 🧶 Crafts
 ♥ Friendship groups ⚙ Other

- ✂ International Day of Older Persons hot lunch – 1st at Oaktree Court from 12-2pm. Cost £5.00.
- ✂ Halloween Soup & Roll with a quiz – week commencing 26th from 12-2pm. Cost £3.00
- ✂ Halloween Party – 31st at Brookhead Lodge from 5-7pm. Cost £5.00
- ✂ Halloween Party – 31st at Brereton Court from 6pm.

November 2026

Weekly activities available throughout the borough. Please call 0161 474 3776.

☕ Dementia Café 🍽 Food 🎲 Bingo
 📖 Quizzes 🎮 Games 🧶 Crafts
 ♥ Friendship groups ⚙ Other

- 🍽 Bonfire Bangers & Mash meals – week commencing 2nd from 4-6pm. Cost £4.00.
- 🍽 Armistice Day Coffee Mornings and Coffee Afternoons – week commencing 9th at various schemes and times. Donations.

December 2026

Weekly activities available throughout the borough. Please call 0161 474 3776.

☕ Dementia Cafe 🍽 Food 🎲 Bingo
 ● Quizzes 🎮 Games 🧶 Crafts
 ♥ Friendship groups ⚙ Other

- ★ Scheme Decorating (alcohol-free mulled wine & mince pies) – commencing from 1st at various schemes and times. No charge.
- ★ Christmas Crafts – week commencing 7th at various schemes and times. Cost £4.00.
- ★ Christmas Luncheon – 17th at Oaktree Court from 12:30-2pm. Cost £5.00.
- ★ Christmas Cover Activities – week commencing 28th at various schemes and times. No charge.
- ★ New Years Eve Party – 31st at Brereton Court from 7pm.
- ★ New Years Eve Party – 31st at Brookhead Lodge from 5-7pm. Cost £4.00.

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