

Free  
Workshops

Hello! My name is

**Marley Brougham**

**I am the Stockport Homes  
Youth Engagement Coordinator**

I deliver sessions in schools and the community to encourage young people to improve confidence, resilience and develop key life skills. I also support partners and local community groups with their provision during the school holidays.

**As part of my role:**

- I work with young people in Primary and Secondary Schools to deliver a 6-8 week Mental Resilience Programme to improve young people's confidence, attendance in schools and their overall wellbeing. Also offering 1-2-1 support alongside the programme.
- I deliver affordable holiday clubs in partnership with local primary schools to support children's attainment and their families.
- I also work alongside the Start-Well Centres to deliver a Hungry 4 Fun Programme to help support families engage with their children.



**“All sessions were  
informative, helpful and  
very interesting.  
Excellent presentations  
and handouts.”**

# Youth Engagement Coordinator

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For more information, please contact me using:

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**“Since the mental toughness group sessions the number of incidents where Child X has been overly emotional have significantly declined. X seems to be managing her anxiety and has developed strategies to cope without leaving lesson. Child X still would come to see me at break but would not come out of lesson. Since 1-1 sessions, X has not been to see me in emotional distress at all. She has been managing her own anxiety.”**

