






















Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Rosie's Friendship Group 10:00am Birch Court</p>	 <p>Breakfast Butties 10:30am Jean Byers Hub, Bredbury</p>	 <p>Coffee Morning 10am – 12pm Stockport Road</p>	 <p>Brew & Biscuits 9am – 12pm Lumb House</p>	 <p>Coffee & Teacakes 10:00am Torkington House</p>
 <p>Coffee Morning 10:00am Queens Gardens</p>	 <p>Bingo, Coffee & Biscuits 11:30am Life Leisure, Brinnington</p>	 <p>Coffee & Teacakes 10:00am Wimborne Close</p>	 <p>Coffee Morning & Butties £1 Russell Gardens</p>	 <p>Coffee & Teacakes 10:00am Birch Court</p>
 <p>Brew & Biscuits 10am – 12pm Queens Court</p>	 <p>Walking Hockey 11:30am – 12:30pm Life Leisure, Brinnington</p>	 <p>Friendship Café 10am – 12pm Abney Court Care Home</p>	 <p>Tai Chi/Qigong £3 10:45 - 11:45am Oak Tree Court</p>	 <p>Table Tennis 10 – 11am Life Leisure, Brinnington</p>
 <p>Knit & Natter 10:00am Brinnington Community Church</p>		 <p>Confidence Walk 10:30-11:30am Life Leisure, Brinnington</p>	 <p>Craft Club 11am-2pm Jean Byers Hub</p>	 <p>Badminton 10am – 12pm Life Leisure, Brinnington</p>
 <p>Badminton 10:30 – 12:30pm Life Leisure Brinnington</p>		 <p>Coffee & Teacakes 10am Queens Court</p>		

Birch Court
Leigh Avenue
Marple
SK6 6DB

Queens Gardens
Cheadle
SK8 2BE

Brereton Court
Bradshaw Hall Lane
Cheadle Hulme SK8 6RZ

Russell Gardens
Craig Road Heaton
Norris SK4 2AN

Jean Byers Hub
Bents Lane
Bredbury
SK6 2LF

Upper Room Startpoint
Coffee Shop Woodley
Precinct
SK6 1RJ

Lumb House
Lumb Lane
Bramhall
SK7 2BU


















Smithy Green
Hulme Hall Road
Cheadle Hulme
SK8 6LJ

Oak Tree Court
Oak Road Cheadle
SK8 1EZ

Torkington House
Torkington Road
Hazel Grove
SK7 4RJ

Queens Court
Church Street
Marple
SK6 6BS

Wimborne Close
Lark Hill Road
Cheadle Hulme SK8 5RB

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Brew & Biscuits 1:30pm Russell Gardens</p>	 <p>Banter & Brews (Men) 12 – 2pm Reddish Community Hub</p>	 <p>Cultures Together Group 1-3pm Queens Gardens</p>	 <p>Armchair Exercises 12pm Brinnington Community Church</p>	 <p>Darts & supper £2 6pm Smithy Green</p>
 <p>Coffee Afternoon 2-4pm Brereton Court</p>	 <p>Natter & Bingo 1.30 pm Queens Gardens</p>	 <p>Activity Group Cost: £1 12.30pm Upper Room, Woodley</p>	 <p>Pre-loved children's clothing 1pm First House, Brinnington</p>	 <p>Chippy Lunch Russell Gardens (1st Friday of the month)</p>
 <p>Walking Football 12:30-13:30pm Life Leisure, Brinnington</p>	 <p>60+ Activity Group 2-4pm Brinnington Community Centre</p>	 <p>Crafternoon Activity Group 1-3pm Woodley Methodist Church</p>	 <p>Chippy Lunch Queens Gardens (1st Thursday of the month)</p>	 <p>Coffee Afternoon 1- 3pm Russell Gardens</p>
	 <p>Chippy Lunch Torkington House (1st Tuesday of the month)</p>			 <p>Afternoon Tea 12 – 2pm Jean Byers Hub, Bredbury</p>

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